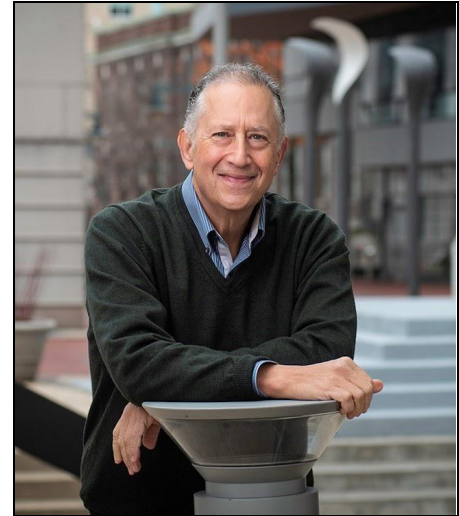


## **JEREMY NOBEL, MD, MPH**

### **Physician, Teacher, and Author**

Jeremy Nobel, MD, MPH, is on the faculty of the Harvard Medical School and the Harvard T.H. Chan School of Public Health. His teaching and research activities focus on population health, social determinants of health, and the design and evaluation of health improvement intervention programs.

With the unique background and training required to bridge scientific and humanistic disciplines, he has contributed to significant explorations into how creative expression mitigates illness and enhances wellbeing. He has become a prominent advocate for creative engagement, ancillary to and integrated with traditional medical care, as a pathway to healing.



Dr. Nobel's book published by Penguin Random House in 2023 "Project UnLonely: Healing Our Crisis of Disconnection" unpacks our personal and national experience of loneliness to discover its roots and take steps to find comfort and connection. He clarifies how meaningful connection can be nourished and sustained, and he reveals that an important component of the healing process is engaging in creativity.

Dr. Nobel graduated magna cum laude from Princeton University within the Science and Human Affairs program. He received his medical education at the University of Pennsylvania and completed his internal medicine residency at the Beth Israel Hospital, Boston. Board-certified in both Preventive Medicine and Internal Medicine, Dr. Nobel also holds Master's Degrees in Epidemiology and Health Policy from the Harvard T.H. Chan School of Public Health.

### **Poet & Photographer**

A published poet, Dr. Nobel has received several awards for his poetry including the Bain-Swiggett Prize from Princeton University, and the American Academy of Poets Prize from the University of Pennsylvania.

Dr. Nobel has been writing poetry and taking photographs since high school and studied both arts in college. In medical school, as he encountered studies demonstrating that art plays an important role in healing, he realized that his artistic, scientific, and humanistic interests were complementary.

An avid arts supporter, Dr. Nobel has served on the Board of the Bill T. Jones/Arnie Zane Dance Company of New York City, the Board of Overseers of the De Cordova Art Museum in Lincoln, MA, and the Institute for Contemporary Art/Boston Director's Circle.